

Nordisk Veterinær Akupunktur Selskab

Nordic Veterinary Acupuncture Society



"NoVAS - the Nordic Veterinary Acupuncture Society is part of IVAS - the International Veterinary Acupuncture Society which is a worldwide advocate in veterinary medicine to create and maintain optimal health in all animals. Legislation for veterinarian treatment of animals vary in the different Nordic countries, and any treatment given by veterinary acupuncturist must be in accordance with national legislation. Recommended courses and education, information on treatment, ideas and opinions might therefore not represent all members, the board or the editor of NoVAS. The TCM - Traditional Chinese Medicine - diagnoses in the case reports however, are mandatory, although many practitioners use a more neuro-endocrinological approach of veterinary acupuncture."

***ONLY JUST IN TIME***

Amazingly, we succeeded to get the protocol from last years annual meeting – just before the meeting of this year !!

And even after the last “cheap” registration date of this year.

Is the Board trying to keep anything from the notice of the members ???

We hereby urge the members to read the protocol from 2010 carefully, and to join this years meeting!!! Don't let the Board get away with anything !!!

## THE BOARD

### **Anna Hielm-Björkman – President of the Board**

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### **Astri Hagenlund – hard-working-member**

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[astri.ha@online.no](mailto:astri.ha@online.no)

# **Welcome to the 2011 NoVAS** **annual meeting and course!**

The Novas board and the Department of clinical Sciences at Helsinki University Veterinary Faculty welcomes you to join the 2011 course and the annual meeting, this time in Finland.

*Understanding Horse locomotion anatomy and what happens when it malfunctions and when we treat it – a practical course with Freddy Wegelius, DVM, CVA (Sweden)*

*and short talks on human acupuncture by Anu Makelä (MD, PhD, TCMD...) Western herbs for digestive problems, laser and diabetes.*

**April 8-10, 2011** (2 half days + one whole day)

## **Where?**

We are going to meet at the University of Helsinki, Friday the 8.4 at the Paatsama lecture hall at The University Animal Clinic, Viikintie 49, Helsinki, which is situated about 10 km north of the Helsinki center, on the E75.

It is easy to drive there by car, and there are busses going nearby to the doorstep.

*Friday:* There is no straight bus from the Airport to Viikki. Best is to go in to Helsinki town center and buses to Viikki campus (No 68) goes from the railway station platform 6.

*Saturday and Sunday:* buses to Viikki campus (No 68) goes from the railway station platform 6.

*Sunday:* There is no direct bus from Viikki to Helsinki-Vantaa airport. You have to take the bus in to the railway station (bus no 68) and take the bus 615 from the railway station out to the airport, from platform 10. You can also take a cab directly to the airport, about 30 euros.

More information about the buses at [www.hkl.fi](http://www.hkl.fi)

If you are coming by car, here you find a map: <http://kartta.helsinginseutu.fi/#>  
and add -Viikintie 49- as address.

**Language:** English.

**Who can attend?** Licensed graduate veterinarians, veterinary students and animal physiotherapists. Max 70 attendants.

**Continuing education (CE) points:** We have applied for IVAS CE points and we will let you know how many we get (estimated >10 points).

**Main speaker:** Freddy Wegelius, DVM, Cert.Vet.Acup, (Sweden)

**Co-speakers:** Anu Mäkelä MD, MA, PhD, TCMD, ND, (Finland), Astri Hagenlund DVM, Cert.Vet.Acup (Norway), Kim Samuelson DVM, Cert.Vet.Acup (Denmark), Anna Hielm-Björkman DVM, PhD, Cert.Vet.Acup (Finland)

## **Preliminary program:**

### **Friday 8th April:**

*from 13.00-14.00 Lunch at the University canteen (optional and at own expense)*

14.00-14.20 Welcome

14.20-15.10 Treating neurological problems in humans with acupuncture (Eg. myasthenia gravis and epilepsy) Anu Mäkelä (50 min)

15.10-15.15 *short break*

15.15-16.05 Treating endocrinological diseases in humans with acupuncture (esim. diabetes, kilpirauhanen, etc.) AM

16.15-18.00 Block I: Basic anatomical and muscular properties of the riding horse/ a practical approach in theory to the anatomy and conformation of the horse (Freddy Wegelius) (1,5 – 2h)

18.00 *End of lectures*

19.00 *Dinner*

### **Saturday 9th April:**

8.30-9.20 Block II: The lame horse -- from a muscular point of view (how to diagnose muscular dysfunction )(FW)(50 min)

9.20-9.25 *short break*

9.25-10.15 Block II continued (FW)(50 min)

10.15-10.45 *Coffee Break*

10.45-12.15 Block III: Treatment modalities for muscle problems in the horse (FW) (1,5 h)

12.15-13.15 *Lunch*

13.20-14.10 Block IV: Practical class - a functional review of the musculoskeletal apparatus in the horse (FW) (50 min)

14.10-14.30 *short break*

14.30-16.30 Block IV: continued Practical class - With stretching/manipulation, watching horse movement, saddle fitness, controlling muscles (FW) (1,5 h)

16.30 ***Annual general meeting***

19.00 *Dinner at a nice restaurant*

### **Sunday 10th April:**

8.30-9.20 Herbology for the vet – Should we start using Western herbs? (Astri Hagenlund)

9.20-9.25 *short break*

9.25-10.15 Herbology cont.: "Bitters" and their digestive properties (AH)

10.15-10.45 *Coffee Break*

10.45-12.15 The Daily Challenges in Equine Practice seen from an Osteopathic and Acupuncture Point of view. Especially Locomotory Problems. (Kim Samuelson)

12.15-12.20 *short break*

12.20-13.10 Latest veterinary acupuncture research (AHB)

13.10 *Lunch (optional) and good bye*

OBS! The program may be up to small changes.

**Registration and paying:**

Register today to Anna: E-mail: [anna.hielm-bjorkman@helsinki.fi](mailto:anna.hielm-bjorkman@helsinki.fi)

With name, address, tel.no, e-mail, NoVAS member, Vet/Vet student or PT/PT student.

The **course price includes NoVAS 2011-12 member fee**, lectures, material and coffee breaks all days, “pack lunch” and dinner on Saturday. You arrange you accommodations yourself.

**Student price is 150 euros for lectures and 200 euros for lectures and NoVAS 2011-2012.**

**Paying before 8th of March:** NoVAS members 2010-11: 400 euros  
non-members: 470 euros

**Paying after 8th of March:** NoVAS members 2010-11: 450 euros  
non-members: 520 euros

Pay to Bank in Finland: account NoVAS / Anna Hielm-Björkman:  
Nordea 101535-102368  
IBAN: FI9610153500102368  
SWIFT: NDEAFIHH

Please contact us before, if you need a later paying time.  
100% will be repaid if cancellation is made before 1st of April, 50% if cancellation is made 1-7th of April, 10% if cancellation is made 8th of April and nothing is repaid if cancellation is not made or made later than this. If force majeure, repayment is obvious.

For further information and registration, Please contact:

[anna.hielm-bjorkman@helsinki.fi](mailto:anna.hielm-bjorkman@helsinki.fi)

***PLEASE REGISTER NOW!  
ALSO EVERYONE THAT HAS REGISTERED ALREADY BEFORE, AS POSSIBLE  
ATTENDANTS!!!!!!!!!!***

**Accommodation:**

Accommodation is **not taken** care of by NoVAS. Everyone will make their own reservations, for example thru [www.helsinkiexpert.fi](http://www.helsinkiexpert.fi) . As suggestions we can give the following cheap alternatives: Eurohostel ([www.eurohostel.fi](http://www.eurohostel.fi)) or Hellsten- Senate, ( [www.hellstenhotels.fi/Hellsten\\_Hotel\\_Apartments/Helsinki\\_Senate/](http://www.hellstenhotels.fi/Hellsten_Hotel_Apartments/Helsinki_Senate/) ) both in Katajanokka. The Senate is the Accommodation that we have been using before but with a new name, they have apartments: 1 pers appt.: 75€/night/room, 2 pers appt.: 85€/night/room, 3 pers appt.: 127€/night/room, 4 pers appt.: 147€/night/room, making quite nice prices per person.

**Welcome!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!**

**The Annual Meeting:**

NoVAS invite all its paying members to the NoVAS GENERAL MEMBERSHIP MEETING, Saturday 9th of April at 17.00 (5 pm)

THE AGENDA:

1. Opening the meeting
2. Electing a president and a secretary of the meeting. Electing two members to check the protocol and count votes if necessary.
3. Establishing that the meeting is called for in correspondence according to the constitution of NoVAS
4. Settling of the agenda – accepting it
5. Introducing new members of NoVAS
6. Annual report from NoVAS
7. Cashier's report on accounts and Auditors report
8. Deciding if the board will be free from economical responsibility
9. Election of new members of the board
10. Electing two auditors
11. Determination of the annual fee
12. Information of what the board has under way
13. Other questions (If You have topics that You would like to see on the official agenda, they have to be mailed to Anna 30 days before the meeting:  
[anna.hiellm-bjorkman@helsinki.fi](mailto:anna.hiellm-bjorkman@helsinki.fi))
14. Termination of the annual meeting.

*The whole NoVAS board welcomes you to  
Helsinki!!!!!!!!!!!!!!!*

Anna Hiellm-Björkman, DVM,  
Researcher, Meeting and course organizer, President of NoVAS  
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## UPCOMING HAPPENINGS

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# Why not Pentecost to the congress in Berlin? "Join together and enjoy " 1st **Gervas** Congress, 11. + 12. June 2011 in Berlin

**A small conference** with great effect - that is the goal, what we have planned for our first

**GERVAS** Congress. It should be a congress, which offers professional lectures and also has the goal to unite all acupuncture vets - and benefit veterinary acupuncture - not only in Germany. We take care for English as well as German speaking attendees!

**GERVAS was founded** to combine all acupuncture veterinarians in Germany and to be a forum for

all veterinarians in the country. In addition to education our basic principle is joining together all acupuncture veterinarians, so that we reach our aim by "collective intelligence" that the acupuncture becomes importance in veterinary medicine and at last, will be part of modern medicine. We still are all angry, that there are many colleagues still having a serious lack of knowledge about this effective treatment. So for countless patients further helpful treatment is denied.

**By great good fortune** and dedication we could win

Sabine Bredemeyer for this Congress as a moderator. She works with companies worldwide, large-small businesses, state governments, but also with all the workforce boards, etc. with the holistic approach "World Café ". In this method, groups of four people sit together at tables and discuss "the question" which answer is important to the community. These key issues are previously filtered out in a half-day meeting of the Board and other interested GERVAS members with the moderator. If we then discuss at the congress, the essences of the preliminary talks, are they further developed in depth, so the presenter could show very credible. A common spirit that goes far beyond the normal getting to know many interesting people will appear. The *collective intelligence* of all participants, the collective knowledge of participants can create new ideas

and opportunities not previously sensed. Really everyone can bring his own perspective, his approaches and ideas, and often the results are truly ground-breaking and of great benefit to all.

**“Together we are strong!”**

**Of course** we have achieved already much in the last 25 years in Germany, Europe and around the world. We especially thank all our pioneers ahead Dr. Erwin Westermayer, Prof. Oswald Kothbauer, Marvin Cain, Dr. Walter Greiff and many others. But if we all work together we can certainly achieve much more for recognition and dissemination of acupuncture than before. We all have our own good ideas, some may have good relations with the universities and highly qualified medical practices or clinics with which one can engage conversation. Everyone can help to motivate colleagues to have a closer look at this therapy. It should not everyone be urged to adopt our concepts, and even apply - that should be left to the professionals in acupuncture and as professionals we need to represent us. It would be helped very much if more colleagues, even if they don't apply acupuncture themselves recognize the capabilities and recognize us as a professional acupuncture veterinarians. This will have a major impact on their willingness to refer problematic patients to us.

**Concerning Congress:** In addition to the *World Café* with Sabine Bredemeyer that runs through the two conference days, we could win one of the world's most popular presenters, Linda Boggie (USA), who shared their vision and experience Qi and the disturbances of its flow, and explains its treatment, e.g. by the *ancestral sinews*. Uwe Petermann speaks on the Qi in the universe in the Taoist and modern scientific sense. He also reports on "Qieaters" in the "living universe", such as dental *perturbative fields* and *toxic scars*, environmental pollution, poor nutrition, poor posture and how the resulting Qi deficiency leads to chronic diseases, and the *laser as Qi- generator*. The lectures are accompanied by Powerpoint Presentations in English and German. All attendees get the complete lectures as handout in English and German. While the World Café and the table topics we have English speaking and German speaking tables, that everybody can enjoy this meeting!

**In a Havel / Spree Boat Tour** we have "table topics" with individual issues considered intensively in small groups. As speakers stand alongside Linda Boggie and GERVAS Board further acupuncture experts.

**On Friday evening** will be organized for the present participants have a dinner. **On Saturday evening** we of course will join together, e.g. with a banquet dinner in the IVAS way (legendary banquet dinners of the annual congresses of the International Veterinary Acupuncture Society).

Uwe Petermann

**... A N D O F C O U R S E C U L T U R E**



# SHOPPING and GERMANGEMÜTLICHKEIT

4 Stars

Relexa Hotel Stuttgarter Hof Berlin, Anhalter  
Straße 8 – 9 · 10963 Berlin

**Arrival:** 11.06.2011 **Departure:** 12.06.2011

Congress room: Berlin1

**Hotel rooms:** Single room 11.06.2011 12.06.2011 89,00 as retrieval quota under the Keyword: Gervas 11/06/2011 "Supplements for 2nd Person 20 €. The early bird price is available only until 27 April. Then the rooms are more expensive. For rail passengers is a special agreement with the IBIS hotel near. Please inform yourself.

The hotel has a total of 40 underground parking spaces. The special daily rate for speakers and Meeting participants is € 10,00.

**For parking** for conference guests and event attendees, we recommend the Excelsior park in Stresemannstrasse (about 200 m walk, driveway next pit stop) with about 400 parking spaces. The cost is € 1.50 per hour from 08:00 clock to 20:00 clock and € 1.00 per hour between 20:00 and 08:00 clock, a maximum of € 9.00 per night.

## **Schedule Gervas Congress on Veterinary Acupuncture, 11- 12. June 2011, Berlin**

Saturday: 6/11/2011 9:15 - 10:30 h "Word Café" Gervas:

Science and acupuncture Speaker: Sabine Bredemeyer

10:30 - 10:45 h Break

10:45 - 13:00 h Qi flow disturbances and treatment by the ancestral sinews, Speaker: Linda Boggie

13:00 - 14:00 h Lunch

14:00 - 17:15 "World Café" Gervas: Science and acupuncture, Speaker: Sabine Bredemeyer

17:15 - 17:30 h Break

17:30 - 20:00 h training at a round table with the speakers and other experts

Sunday: 12/06/2011

9:15 - 10:00 am Qi flow disturbances, treatment of the ancestral sinews, Speaker: Linda Boggie

10:00 - 10:45 Qi and the universe, Taoist and scientific point of view, Speaker: Uwe Petermann

10:45h – 11:00h Pause

11:00 - 12:30 h Qi in living beings, Qi-robbers: dental- and scar- perturbative fields, nutrition, environmental exposure, ATP as an essential aspect of Qi, the laser as an ATP generator

Speaker: Uwe Petermann

12:30 - 13:30 h Lunch

13:30 - 14:00 h "World Café" Gervas: Results of scientific acceptance, Speaker: Sabine Bredemeyer:

**Languages:** Lecture Linda Boggie: Talk in English, Ppt English **and** German; Uwe Petermann, talk in German, ppt in German and English, both presentations are bilingual before as a handout.

World Café, Sabine Bredemeyer: German

**Registration fee:** until 27 April 2011 € 230, then 260 €, (Gervas / IVAS members 200 €, or 230 € after

April 27)

**ATF approval:** 12 hours IVAS CE applied for 12 hours

Information and registration form at [www.gervas.org](http://www.gervas.org)

Registration: Dr. Uwe Petermann, Schmale Strasse 20, 49326 Melle

or registration form by e-mail: [druwepetermannmelle@t-online.de](mailto:druwepetermannmelle@t-online.de)

Congress Banner



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On dr Tan's website : [www.tanwubian.com](http://www.tanwubian.com) one can find the lecture program of 2011.

I would like to bring to your attention that he visits Europe on several occasions to talk about the BALANCE method in acupuncture.

He will do so on:

May 26-29 in Paris

August 4-7 in London, Uk

October 6-9 in Berlin

Global program of the Balance method consist in:

day one: clinical wonders with acupuncture 1,2,3.

day two: Introduction to Global balance.

day three: Treating Zang-FU disorders with meridian conversion therapy.

day four: Advanced Balance method, seasonal balance and others.

More information is to be found at : [www.tanwubian.com](http://www.tanwubian.com) and [www.drtanshow.com](http://www.drtanshow.com)



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## **IVAS course in Veterinary Chinese Herbal Medicine**

**Study at home, use the time and pace that suits you, and get the materials sent to you.**

**Look at IVAS homepage**

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**IVAS CHINESE MEDICINE RETREAT IN NANING, GUANGXI PROVINCE, CHINA  
April 9 to 17, 2011**

**Next spring, journey with Steve Marsden's family and IVAS to Southern China, and spend a week steeped in the classics of ancient Chinese medicine, as interpreted by some of China's most noted scholars and physicians.**

**To find out more, look at IVAS homepage**

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**Osteopathic course nr. 5 with Patricia Kortekaas**

**In Finland, scheduled for summer 2011.**

### **WHAT HAS HAPPENED SINCE OUR LAST NEWSLETTER**

*Protocol for the Nordic Veterinary Acupuncture Society (NoVAS) 2009  
annual meeting, August 27, 2010 in Aalborg, Denmark*

- §1 Anna Hielm-Björkman was elected chairman for the meeting; Susanne Lindahl was elected secretary for the meeting.
- §2 Anna explained again for the members why this annual meeting for the year 2009 is held so late.
- §3 After checking the bylaws and member-list, it was considered that more than 10% of the members were present, and the meeting had reached the quorum.
- §4 The meeting was considered convened according to the bylaws.
- §5 The agenda was settled and approved.

- §6 Ritva Krokfors Wretemark and Freddy Wegelius were elected to check minutes and counting votes.
- §7 The annual report from NoVAS 2009 was read by the chair(wo)man and approved. (Report IVAS basic course, osteopathy course in Finland, the insurance discussion in Sweden, etc) (Enclosed)
- §8 The treasurer Kim Samuelsen presented the financial report of 2009 (enclosed)
- §9 Auditors' report 2009: The book-keeping and the financial report was accepted, with a comment on a few missing receipts, and a suggestion that the basic course students should get some refund from the plus from the course in Norway.  
The meeting decided that the outcome of an economically successful course should benefit **all** members of NoVAS, and no refund will be done.  
We are also looking forward to see a formal and correctly written report, signed by the auditors, that can be enclosed to this protocol.
- §10 The meeting decided to adopt the report and accounts of NoVAS 2009, and thereby exonerated the board from financial responsibility for the year past.
- §11 No new members have applied last year (some old members have "re-joined" by paying the fee for 2010)
- §12 Election of new members of the board. Resigning from the board are Anna Hielm-Björkman, Kim Samuelsen and Astri Hagenlund. All three were re-elected for a period of 2 years. (2010-2011).  
The fees to the members of the board was decided to stay "null".
- §13 Election of two auditors: Lise Kousgaard and Alice Thomsen were elected auditors for the coming year.
- §14 The annual membership fee for NoVAS 2010/2011 was already set to 85 €, to match the IVAS-fee that is raised to 100 USD.  
This has been reported to the members through NoVAS-nytt, and in personal letters to all members, as the annual meeting was delayed to after IVAS' payment deadline. No member has protested, and hereby the fee for NoVAS' membership 2010/2011 is officially accepted. (Because of the exchange rate, NoVAS might still make a minus on each member when paying the fee to IVAS...)
- §15 Kristine Elbaek reported from the work in the HOD (House of Delegates) We now have 3 representatives in the HOD, one for every 25 members. If there is anything we want to bring up in IVAS, we should do it by a proposal to the HOD. The meeting decided, that we make a couple of proposals about the rules for internship. This was handed on to the board to realise. Astri reported from the work in the Education Committee.
- §16 Discussion about the insurance companies' attitude towards acupuncture. Susanne has done some "lobbying", and the latest news from Agria, Sweden, is that acupuncture is covered in "Agria Plus", which covers rehabilitation. Other companies seem to give different answers,

depending on who you ask, and different from case to case. Sveland and “Dina försäkringar” are still positive. Gry said that IF in Norway now are a bit ambivalent to acupuncture. The discussion also concerned the Swedish Umeå Universitet, that last autumn held a 3-week course in acupuncture of animals for physiotherapist educated on humans. This was arranged without our knowledge, and the teachers were not IVAS certified vets, or not vets at all.

§17 There are about 20 different journals, that cover acupuncture and holistic medicine, that we, as a organization can offer our members for a good price, if we are many enough. Although they are not specifically veterinary AP journals, it might be of interest, if the price is good. The meeting gave mandate to the board to choose one out of these journals, and present an offer to the members. The cost for the subscription will then be paid together with the annual fee to NoVAS, and NoVAS forwards the money.

§18 Other matters/övriga frågor:

Is IVAS a democratic organization? Our representatives in the HOD were surprised to hear that the actual numbers in the election of president and president elect were SECRET.... When asked, the board of IVAS explained that this was in order to “protect the candidates”. We cannot see the point in this and will make a motion to the IVAS board to change this. Other affiliate organizations in IVAS have discussed the same matter....

§19 Anna thanked everybody for participating and closed the meeting.

Anna Hielm-Björkman  
Chairman

Susanne Lindahl  
Secretary

Justeras:

Ritva Krokfors Wretemark

Freddy Wegelius

NEXT NEWS LETTER will come June 2011. We on the board wish you all a sunny and growing spring ! ☺
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**REMEMBER TO:**

- Register yourself for a congress or meeting in time
- Send in updated info for the questionnaire to;

**Kim Samuelson DVM - Treasurer**

Ejdrupvej 43

9240 Nibe, Denmark

Home: +45 98 66 65 00 and Office: +45 98 63 40 30 and Mobile  
phone: +45 30 38 92 22

[Mr.kim@mail.dk](mailto:Mr.kim@mail.dk)

- Send in questions, ideas or info on upcoming events to one of us on the board
- Keep checking the NoVAS' homepage for news

Nordisk Veterinær Akupunktur Selskab

Nordic Veterinary Acupuncture Society



**Questionnaire: Data for the NoVAS member register**

<b>Lastname</b>	_____	<b>Before:</b>	_____
<b>Forenames</b>	_____		
<b>Title</b>	_____		
<b>Vet.Med.Qualifications</b>	_____		
<b>Acup. Qualifications</b>	IVAS course [ ] Year _____, Certified: Yes [ ], Other course: _____		
<b>Other holistic qualifications</b>	_____		
<b><u>WORK:</u> Clinic name</b>	_____		
<b>- Street Address</b>	_____		
<b>- Postcode</b>	_____		

- Postal area

- Country

- Telephone no.

- Mobile

- Fax no.

- E-mail Address

**HOME:**

- Street Address

- Postcode

- Postal area

- Country

- Telephone no.

- Mobile

- Fax no.

- E-mail Address

I ok that the ticked information can be put on internet and on vet.acupuncture lists used by the public. ( ↑ )

The following month(s) is best for the NoVAS meeting and course:

Subject?

Please answer: Is it ok to get the newsletter as an e-mail?

Yes [ ]

No [ ]

Date and place